







#### CONTACT

#### **Head Office Address**

BSF Midlands Ltd 68A Berkeley Road North Coventry CV5 6NX

#### **Phone & Mobile**

Phone: 024 7666 6507 Mobile: 073 7930 5531

#### **Online**

Email: info@bsfmidlands.co.uk Website: www.bsfmidlands.co.uk

### **About Us**

### Providing quality care and support

BSF Midlands offers accommodation and assistance to individuals aged 16 and above. Many of those we aid are in the transition from the care system but are not yet prepared to live independently in the community.

We provide comprehensive support packages for vulnerable young individuals during the transitional phases of their early adult lives. These packages aim to prepare them for a healthy and prosperous future. Our support extends to assisting care providers.

#### We provide:



Accommodation



**Transition** 



**Support** 



**Assistance** 

Our goal is to ensure that young people undergo a transitional process that empowers them with the necessary knowledge and skills, preparing them for a successful and brighter future.

Our Core Values

## BSF Midlands is committed to ensuring equal opportunities and access for all individuals

BSF Midlands is dedicated to promoting equal opportunities, ensuring equitable access for every individual, irrespective of their race, culture, disability, sexual orientation, or religion. We acknowledge the diverse needs of the young people under our care and understand that they thrive in environments tailored to meet their specific requirements.

Young people possess the right to be treated with respect, have their views considered, be heard, and actively participate in decisions regarding their future plans. Additionally, they have the right to be free from discrimination or bullying, and the responsibility not to engage in discriminatory or bullying behavior towards others.

We actively foster an Anti-Bullying culture among young people by providing information on how to file complaints and seek assistance from staff members. All complaints are treated with utmost seriousness, without exception. Initially, we aim to resolve complaints informally by engaging with the young person on a day-today basis. In exceptional cases where informal resolution is not possible, the young person is supported in accessing the formal complaints procedure.

#### Statement of Purpose

## Guiding young people through a streamlined transition process

The support packages we provide assist care providers, addressing their needs with urgency. The management and staff at BSF Midlands possess extensive experience in this field, and we are attentive to the potential impact a change of placement can have on a young person.



#### Centric Approach

We prioritize a youthcentric approach, tailoring strategies to meet unique needs and perspectives. This is crucial for facilitating a positive transition, fostering growth, development, and empowerment for each individual in our care.



#### **Solo Rooms**

Young individuals can move to specially designed solo rooms with en-suite facilities and a small kitchen, promoting independent living by fostering self-sufficiency, personal growth, and the development of essential life skills.



#### **Emergency**

We offer swift emergency out-of-hours referral placements, ensuring access to secure and supportive environments with a focus on timely assistance and compassionate care during critical situations



#### Independency

We offer services that support young people in acquiring independent living skills, engaging with the local community, and promoting behavioral change through personalized educational support.



#### Mental Health

We prioritize early intervention for youth mental health, emphasizing timely identification. comprehensive support, awareness, and creating a supportive environment to enhance the overall well-being and resilience of young individuals during crucial developmental phases.



#### Case Worker

Our dedicated Case Worker at BSF Midlands ensures ongoing support by regularly communicating with placement providers, acting as a key liaison to address immediate needs and foster a deeper understanding of the unique requirements of those under our support, ensuring a tailored and proactive approach to their wellbeing and development.



#### **Holistic Approach**

Our holistic approach achieves excellent results by addressing immediate challenges, fostering lasting empowerment in a supportive environment. This includes educational support, skill development, and emotional well-being, forming a well-rounded framework for success.



#### Guidance

Upon arrival, young individuals receive support to settle in and feel at home while discovering innovative ways to find motivation, direction, and set meaningful goals. We prioritize nurturing personal growth, providing guidance to instill purpose and ambition in their journey towards a brighter future.



Services We Offer

## Services Dedicated to Improving the Quality of Life for Young People

BSF Midlands offers a range of services catering to young people aged 16 and above, including supported living, outreach support, and 24-hour provision.

Many individuals seeking our assistance are in the transitional phase of leaving the care system, and although they may not be fully prepared for independent living in the community, we provide comprehensive packages of support tailored to their needs.



These holistic support packages are designed to address various aspects of their well-being and development during this crucial transitional stage, ensuring a supportive environment as they navigate towards greater independence.



New Life, New Choices

## Join us & start a new journey towards a brighter future



24/7

on Call Support Service

Our Accommodation

BSF Midlands offers solo properties with one to four bedrooms, featuring 24/7 on call support. Each room is fully furnished with an ensuite, small kitchen, bedding, and electrical appliances. Our staff qualifications are regularly updated, and in urgent cases requiring emergency accommodation, we strive to promptly place the young person until a suitable permanent move can be arranged.

190+

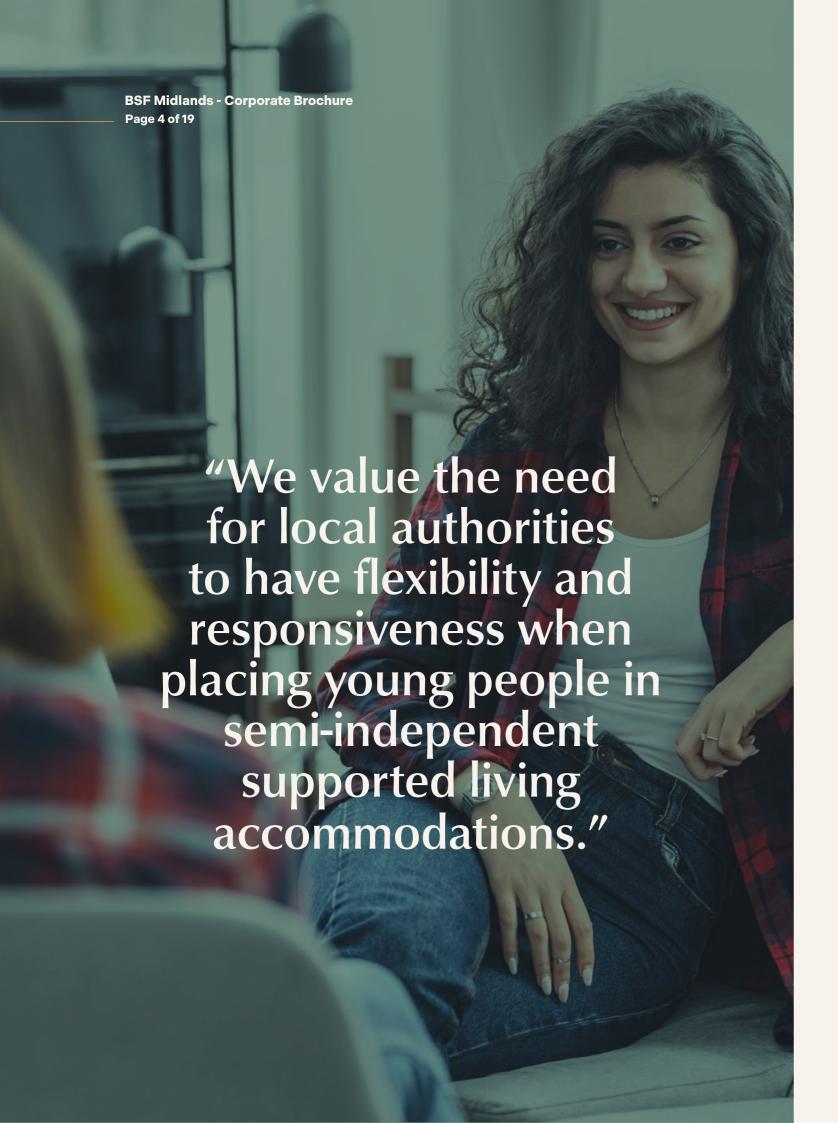
Have resided in BSF Midlands accommodation in the past decade

In the last 7 years, BSF Midlands has provided homes for over 190 residents in the Midlands, with more than 60% being females. Through our customized support packages, over 98% have successfully transitioned to lead fulf

86%

Leave our accommodation with a brighter future

With personalized support and a skilled team, 86% of our residents successfully pursue further education before leaving. We empower them to enter the real world with confidence, equipped with essential skills and education.









#### Support Service Users

BSF specializes in delivering top-tier supported accommodation and healthcare services to young people aged 16+, including those leaving care, looked after, semi-independent, and unaccompanied asylum seekers. Our approach prioritizes a young personcentric perspective, ensuring a seamless transition into early adult life.

## Supported Accommodation

We provide a range of high-quality properties in Warwickshire and the West Midlands, offering solo residences with one to four bedrooms, tailored to the specific needs of young individuals. All our accommodations are staffed 24 hours a day to ensure comprehensive support

## **Support** Packages

Our tailored holistic Care
Packages pinpoint the
aspirations, skills, and interests
of young individuals. Through
targeted training and guidance,
we equip them with essential
life skills, preparing them
for a successful transition to
independent living.

#### How we make a difference

## Transforming the Lives of Young People

## **Empowering Through Education and Independent Work Experience**

At BSF Midlands, we inspire young individuals to "dare to dream" by offering financial incentives for educational and training excellence. Our 10-week training program covers key areas, including education, finance, self-discovery, tenancy, food management, personal care, social skills, relationships, substance misuse awareness, safety, and hobbies.

#### Safeguarding

BSF Midlands prioritizes the safety of young individuals with a comprehensive safeguarding policy addressing risks like self-harm and substance abuse. Work mobile numbers facilitate constant communication for increased support, and various support packages are in place. Any abuse is promptly recorded using our safeguarding concerns form, and local authorities are urgently notified. Our whistle-blowing policy safeguards those reporting abuse, and all staff are trained within the last 12 months to ensure a secure environment for young people.

#### **Behaviour Management**

At BSF Midlands, residents agree to house rules upon admission, fostering trust and expression within defined limits. We prioritize listening and support. While our approach minimizes incidents, a violence policy guides conflict management, avoiding physical restraint. In rare cases, intervention may be necessary for safety. Legal action is a last resort; in-house consequences and restorative justice prepare individuals for future accountability.

#### **Physical Wellbeing**

All young residents are enrolled with the local dentist and GP within the initial 7 days of placement. We actively encourage healthy eating and empower young people to develop cooking skills.



## BSF Midlands - Corporate Brochure Page 8 of 19

#### **Planning and Reviewing**

The pre-admission assessment tailors a needs-led support package, managing risk. This includes assigning a key worker, aiding in goal achievement, form completion, and job searches. Confidence-building support is gradually reduced as needed. Monthly target reviews update authorities on progress and community independence.

#### **Motivation and Engagement**

To help youth overcome obstacles, we've established a list of actions enabling young individuals to becone active participants in society. These include: actively participating in education, training, and employment activities, taking responsibility for cleaning and cooking, attending key sessions and appointments, working on building independence, maintaining a clean room, and demonstrating good behavior.

#### **Emotional and Mental Health**

For youth with mental health conditions, we provide heightened support until stabilization. Disorders involve collaboration with professionals, while coping strategy challenges are addressed with various therapies. Medication is stored in a secure safe, and our staff ensures timely and proper administration, maintaining a detailed record for accountability.

#### **Address Substance Misuse and Smoking**

Smoking is strictly prohibited in all our accommodations, and individuals found smoking will receive a warning. In cases of suspected substance misuse, they will also receive a warning. At BSF accommodations, we prioritize addressing substance abuse through awareness and harm reduction sessions, ensuring our young residents receive appropriate advice and support.

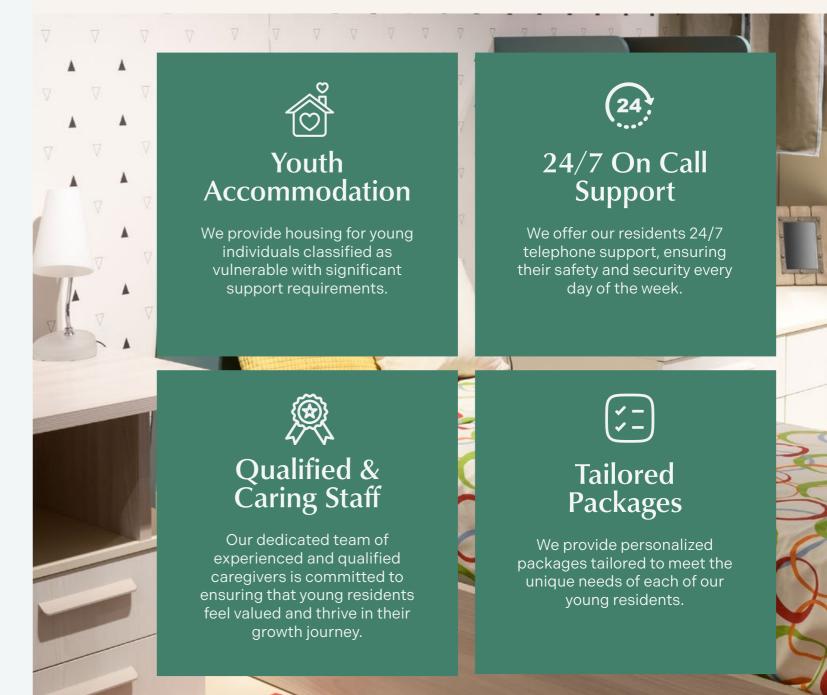




What we provide

## Committed to Ensuring a Positive Experience for Young People

BSF Midlands offers comprehensive support packages designed to empower young individuals aged 16 and above. Our services go beyond mere accommodation, providing round-the-clock support and a dedicated team of qualified caregivers committed to guiding you through your journey. We pride ourselves on tailoring packages to meet individual needs, ensuring a personalized and transformative experience during your time in our care.

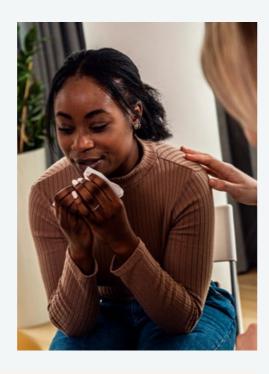


### How we work

We work for your wellbeing

## Collaborative Approach to Enriching the Lives of Young Residents

BSF Midlands collaborates with young individuals, their parents or caregivers, local authorities, and various agencies to deliver a cohesive and integrated service. This aims to enhance the health, welfare, and personal development of young residents in our supported accommodations. Our emphasis includes promoting education for better future prospects, offering access to therapeutic services, and fostering independence. Our dedicated staff takes proactive initiatives to ensure equal opportunities for all residing young people.



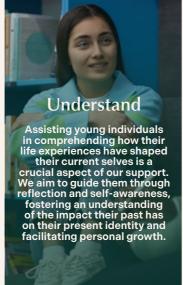


We are here to listen

#### We Maintain Three Essential Objectives in our Work with Young People









#### Fostering positive futures

## Nurturing Rights, Responsibility, and Wellbeing at BSF Midlands

Our BSF Midlands team undergoes rigorous training in pro-social modeling, ensuring their capability in managing even the most challenging behaviors displayed by young individuals. It is crucial that our staff not only uphold the rights of these young people but also communicate these rights effectively, taking into consideration their age, comprehension level, and capacity to exercise their rights.

Moreover, we foster a culture where young people reflect on the impact of their actions not only on themselves but also on others, encouraging a sense of responsibility. We firmly believe in respecting their views, involving them in

decisions about support and future plans, and providing an environment that upholds their rights to privacy, healthcare, education, recreational activities, and personal space.

In addition to meeting basic needs, we integrate positive activities and opportunities into the daily routines of each young individual during their stay with us. This holistic approach ensures not only their physical well-being but also their emotional and personal development, creating a supportive and enriching environment.



### **Our Accommodation**

Tailored Spaces

## Specially Crafted Accommodations for BSF Midlands Residents

Indulge in the Utmost Comfort: Each of our properties, exclusively owned by BSF Midlands, is adorned with top-notch fixtures and fittings, ensuring a secure haven for our residents. From well-equipped kitchens with modern appliances to cozy bedrooms furnished with quality bedding and wardrobes, every detail has been meticulously crafted to provide a true sense of home. Our thoughtful design aims to create an environment where residents can concentrate on their well-being and embark on the journey to reclaim their lives.





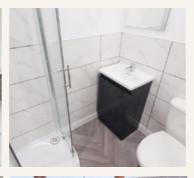
Inside our typical accommodation

## Our living spaces are crafted to evoke a warm and comforting atmosphere for all our residents















### Referrals

Urgent Resident Care Referrals

#### Assessment of Needs and Risks

For those in need of an emergency placement, our rapid and responsive service is available to Local Authorities nationwide seeking immediate accommodations for young individuals, regardless of the duration. Our well-equipped and fully furnished residences are backed by dedicated care staff, ready to support any young person in a timely manner. We prioritize creating a welcoming environment to ensure their immediate needs are met during their stay.

Upon receiving a referral at Bright Secure Future, we carefully consider the following factors:

- Assessment of Locality Report
- Assessment of Risk of harm towards others
- Assessment of Vulnerability
- Assessment of Emotional Coping Strategies
- Assessment of Educational Needs
- Assessment of Independent Living Skills to be developed
- Assessment of the young person's ability to integrate with the current group

After conducting these assessments, a decision is made regarding our capacity to accept the referral. However, we highly value the chance to meet the young person face-to-face for a thorough review, allowing us to understand them better and evaluate our ability to provide support.

Our approach involves encouraging young individuals to gradually assume responsibility for their lives and enhance their living skills. In cases of moderate learning difficulties or behavioral issues, we collaborate with supporting agencies to address behavior and assist with emotional coping strategies.



BSF Midlands - Corporate Brochure Page 14 of 19

We Prioritize Referrals

We assess each referral placement based on individual needs



## **Bespoke Support**

We provide personalized, holistic support packages for young people, enabling them to participate in activities that will equip them for independent living.



## **Emergency Referral**

Our housing options feature a range of premium properties, including one, two, and three-bedroom houses. Each room is available for single occupancy, catering to the specific needs of each young person.



## **Meeting Needs**

We prioritize addressing the needs of various referral placements, including unaccompanied asylum-seeking individuals, those transitioning from care, and those requiring urgent and emergency accommodation at the age of 16 and above.

BSF Midlands - Corporate Brochure
Page 15 of 19

#### Emergency Referrals

## What to Do in Case of an Emergency Situation

For urgent referrals, you have the option to contact our head office during regular business hours from 9:00 am to 5:00 pm at 0247 666507, or reach out to our 24-hour manned mobile helpline at 07379 305531 / 07426 504215.

Young people can be referred to us via email by either completing the online form on our referrals page on www.bsfmidlands.co.uk or directly emailing us at referrals@bsfmidlands.co.uk. Additionally, risk assessment information regarding the young person's risk level must be provided.

Completion of the referral form is essential to tailor the right support package. We offer a phased transition, providing the young person with an opportunity for a planned move, including a one-night stay before joining us permanently.

In emergency situations, it is advised that the young person joins our emergency or intensive package for 28 days. This allows them to receive immediate support until additional assistance is offered, ensuring a settled transition within this period.

### **Child Protection**

POCA Act 1999

## Safeguarding Children from Harm

As a childcare organization, BSF Midlands strictly complies with the legislation of the Protection of Children Act (POCA), which was enacted in October 1999. POCA aims to identify individuals deemed unsuitable to work with children, maintaining a list for reference. Regulated childcare organizations, including ourselves and entities like sporting clubs, are mandated to submit names to the Secretary of State for potential inclusion in the POCA list.

Every childcare organization is obligated to conduct checks on the names of prospective employees against the POCA list through the Criminal Investigation Bureau. Any individual found on the POCA list is automatically deemed ineligible for employment. Additionally, adhering to the "Working Together to Safeguard Children, 2010" guidelines—a government-legislated framework-BSF Midlands collaborates with all childcare agencies to ensure professionals cooperate in promoting children's welfare and safeguarding them from abuse and neglect. These guidelines apply to individuals in health and education services who may interact with children and are relevant across statutory, voluntary, and independent sectors.



The Legislation at a Glance

# The Protection of Children Act 1999 (POCA) is a crucial piece of legislation in the United Kingdom aimed at safeguarding children from harm.

Enacted in 1999, it introduced several key measures to protect children from abuse, neglect, and exploitation. Here's a breakdown of the main aspects of POCA:

## 1. The Protection of Children Act List (PoCA List):

POCA established the PoCA List, which records individuals deemed unsuitable to work with children due to their risk of causing harm. Inclusion in the list can occur through various means, such as disciplinary action, convictions for relevant offenses, or findings of certain inquiries. Being on the list restricts individuals from working in regulated positions involving children, like childcare, education, and healthcare.

#### 2. Safeguarding Procedures:

POCA emphasizes inter-agency cooperation in safeguarding children. It requires various organizations, including schools, social services, and the police, to share information and work together to identify and address risks to children. The Act also mandates local authorities to develop safeguarding procedures, ensuring consistent and effective child protection across the country.

#### 3. Powers of Intervention:

POCA empowers authorities to take various measures to protect

children at risk, including issuing care orders, emergency protection orders, and barring orders.

These orders allow for children to be removed from harmful situations and placed in safe care while restricting contact with individuals posing a threat.

#### 4. Support for Children:

POCA recognizes the importance of supporting children who have experienced abuse or neglect. It mandates the provision of services like counseling, advocacy, and practical assistance to help them recover and move forward. Impact of POCA:

POCA has played a significant role in strengthening child protection measures in the UK. The establishment of the PoCA List and improved inter-agency cooperation have contributed to a decline in child abuse cases. However, ongoing challenges remain, such as ensuring adequate resources for effective safeguarding practices and addressing emerging forms of child exploitation.

BSF Midlands - Corporate Brochure Page 18 of 19

3.7 The Scope

Key sections taken from the legislation pertaining to the standards of Working Together to Safeguard Children 2010 section.



1. Mechanisms to identify abuse and neglect wherever they may occur;



2. Work to increase understanding of safeguarding children issues in the professional and wider community, promoting that message that safeguarding is everybody's responsibility;



3. Work to ensure that organisations working or in contact with children operate recruitment and human resources practices that take into account of the need to safeguard and promote the welfare of children;



4. Monitoring the effectiveness of organisations implementation of their duties under section 11 of the Children Act 2004;



5. Ensuring children know who they can contact when they have concerns about their own or other's safety and welfare;



6. Ensuring that adults (including those who are harming children) know who they can contact if they can contact if they have a concern about a child or a young person;

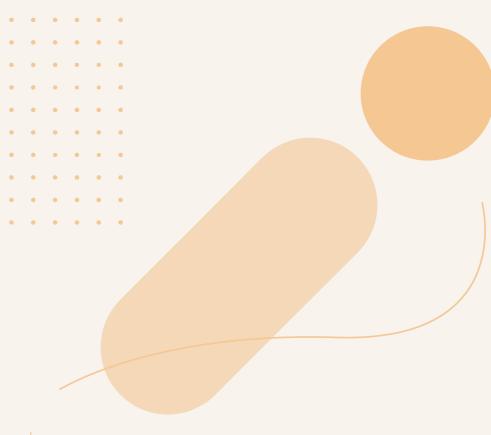


7. Work to prevent accidents and other injuries and, where possible, deaths;



8. Work to prevent and respond effectively to bullying. A guide to inter-agency working to safeguard and promote the welfare of children 89.











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